



**Presents “Feed Yourself FreeYourself” Series of 5 Free Interactive Gardening Experiences**



**Please join us on Saturday, May 7<sup>th</sup> @ 10am for the 1st free class on growing plants from seed, Let food be thy medicine!**

**ZOOM Link:**

**<https://us05web.zoom.us/j/88999759830?pwd=RVhmMWdybFNLNnFyNmJtM1RQYnA3QT09>**

**Meeting ID: 861 0937 8350**

**Passcode: 349687**

**Dial by your location: +1 929-205-6099 US (New York)**

**Class supplies limited to 20 students, Pick up will be available Friday, May 6th**

**@ Grassroots Gardens 389 Broadway 10am-2pm**

**Instructors: Gail V. Wells, Buffalo Freedom Gardens and Allison DeHoney, Urban Fruits & Veggies**